

ANU Women's Hockey Club

Newsletter #1, February 2009

From Madame President...

Important Dates:

Grading Day:

Saturday 14 March 9.00am – 12.00 National Hockey Centre, Mouat St, Lyneham

Training Commences:

Grades 5 – 7:

8.30 pm 18 March, Carter Field (the main one), National Hockey Centre, Lyneham.

Grades 1 – 4:

7.00pm 19 March, Watt Field, National Hockey Centre, Lyneham

SRA Membership Due: 27 March

Grass Season Begins: 28 March

Turf Season Begins: 29 March

Club Fees Due: Round 3 (or a payment plan organised with Nell or Cass)

Hawaiian Night: May

Trivia Night: July

Russian Night: August

Presentation Night: October

Welcome to Season 2009! While February seems like a ridiculously early time to start thinking about hockey, the opening game is only about eight weeks away. Time to dust off the stick, find your shin pads and, if you're anything like me, wonder if it's too late to start thinking about getting fit. I'm back for another stint at President, backed up by an executive that's already been busy sorting things out. One major change we've made this year is cutting back on the number of teams, in 2009 we'll have one team in each of the seven grades. While this might seem harsh, particularly to those 4th graders who are wondering where they'll end up, I think it's a necessary thing. Numbers are always good at the start of the season, but towards the end of the year it's an almost impossible task to fill teams, particularly in the lower grades. This will probably mean teams will have a full bench to start off with, but we're confident things will sort themselves out soon enough. Another goal this season is to keep working on selections, giving people the opportunity to play in the grade they deserve. We'll be out watching more games, giving people who are having a go a chance to prove themselves in the highest grade possible. After all, having a go is what ANU is all about. We don't care whether you're in 1st grade or 7th grade, give it your best and you're welcome at ANU.

If there's anything you'd like to discuss with me, or

any member of the executive, send us a note. We're here for you.

Time to start thinking about getting fit...

Karen Hardy

President

Grading day

Saturday 14th March

Please bring a LIGHT and DARK shirt, water, sunscreen etc. If you are new, a mouth guard is essential. You will be able to borrow a stick. After grading day, you will be told which training time to attend (either grades 1 – 4 or 5 – 7).

Remember, you can pay your fees on grading day!

If possible, please register online at www.theratsnest.org.au before grading day

Playing Fees

Further information on paying fees or arranging extensions or payment plans etc – email our Treasurers at Nell_casey@hotmail.com or Cassidy.boyd@centrelink.gov.au

Turf:

ANU Students: \$300 Other: \$380

Grass:

ANU Students: \$170 Other: \$170

Sports and Recreation Association (SRA) Membership:

All non-ANU students will also be required to join the SRA at an additional cost of \$110. This membership is very important for insurance purposes. Further details of how to go about this are available on the ANU Hockey website – www.theratsnest.org.au

- Goalies who provide ALL their own equipment do not pay fees
- Life members do not pay fees
- Remember all non-ANU students must be members of the ANU Sport and Recreation Association. Players must show proof of membership before Round 1 on the 28/29 March.

2009 Committee Members

Karen Hardy (President)	Karen.hardy@canberratimes.com.au
Louise Crossman (V/ President)	Louise.crossman@deewr.gov.au
Judy Flanagan (V/ President)	Judy.flanagan@ausport.gov.au
Emma Anschaw (Secretary)	emma.anschaw@csiro.au
Andrew Knight (Secretary)	barny098@hotmail.com
Nell Casey (Treasurer)	nell_casey@hotmail.com
Cass Boyd (Treasurer)	Cassidy.boyd@centrelink.gov.au
Jess Madden (Development)	U43016608@anu.edu.au
Suz Fisher (Communications)	anuwhc@gmail.com
Terri Sutherland (Property)	Teresa.Sutherland@ipaaustralia.gov.au
Georgia Phillips (Committee)	Georgia.phillips@health.gov.au
Janette Marskell (Committee)	Janette.marskell@defence.gov.au
Sarah Mason-Jones	Sarah.mason-jones@trinitylaw.com.au

Umpiring



“ANU Women’s Hockey Club has developed an enviable reputation of supplying one the largest groups of darn good umpires for Hockey ACT senior and junior competitions.” (This is an excerpt from the 2008 year book). We would like to continue this tradition in 2009 so please put your hand up and get involved. Despite popular myth, umpiring is very rewarding, you get to become part of a very special group of ANU Hockey women and men, have access to training and mentoring, and will receive lots of pats on the back and a free ale or two for your efforts. This year Louise Crossman is the Umpiring Coordinator so please let Louise know if you would like to come on board the umpiring ranks (louise.crossman@deewr.gov.au)

Here is a photo of our dedicated umpiring coordinator from last year – Fiona. Fiona received a sports volunteer award for her contribution to umpiring in the ACT. We wish Fiona all the best in her new career in WA!

Uniforms

- A royal blue skort for all players (available through the property officer at training)
- White playing shirt with blue collar and sleeve trim (available from the property officer at training)
- Royal blue socks with 2 thin white stripes at turnover (available at Adrenalin Rush, Lyneham Hockey Centre)
- Uniforms will be available to try on at the Grading Day and the first 2 training sessions.
- Terri our fantastic property officer will be at trainings to make sure you are kitted out in the correct gear.
- All players must be in full uniform by round 3.

Match Reports & Newsletter

This year, our web wizards have created a new feature for your enjoyment on the ANU website at www.theratsnest.org.au. Instead of publishing the often-amusing match reports in each newsletter, we now have a wonderful new feature for the creation of our match reports at this link (currently a trial of 2008 reports).

I strongly encourage all teams to contribute – one of the women’s club members won the highly prestigious ANU Hockey Club’s Geoff Thompson Award for Sports Journalism (awarded for both the men’s and women’s club) – a big congratulations to our regular reporter from the Ladies on Grass side, “Hey Miss” - **Karen Longmuir**.

Contributions: If you have anything you think the club needs to know – please send an email through to me (Suz) at anuwhc@gmail.com by COB on Wednesdays (I usually put the newsletter together and send it out on Wednesday nights).

Further information

Check out www.theratsnest.org.au for more info, to register, join the mailing list and to download an ANU SRA form – please note that there is slightly different information available for the men’s and women’s clubs (don’t pay women’s fees into the men’s account etc).

Training and Courses

Free Umpire Education Course for ANU Women

Thursday, 19 March, National Hockey Centre, Lyneham 6.00pm